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| **2019 REBA Award Winning Initiative**  Thursday 13th February 2020  Menopause bite-size 12.00-1.00pm in BWH 1.18 **For men and women**  Join the team for this lunchtime Bitesize training to learn about the Business case for raising awareness amongst all staff, guidance we have produced; find out about practical help, self-help and resources, and share information. Bring your lunch/drinks.  All staff and managers are welcome.  **We particularly invite and would welcome attendance by male staff members!!**  No need to book, JUST turn up!  Places are limited by room size. Please contact:  Maxine Benjamin, Maxine.benjamin@croydon.gov.uk  Debbie Bentley-Ross, [Debbie.bentley-ross@croydon.gov.uk](mailto:Debbie.bentley-ross@croydon.gov.uk)  cid:995D36CC-63D9-452C-921A-47E295D9BC0F | Help your staff, family or colleagues!────Allowing myself to be cared for, and her to experience and enjoy the feeling of caring, is an act of love for both of us.What is the menopause?  signs & symptoms────The business case────Help available────Practical support, self-help and resources────Q&A 12.00-1.00pm  Bernard Wetherill House  Room 1.18 |